

Behavioral Risk Factor Surveillance System (BRFSS)
Update of Healthy Vermonters 2010 objectives, by health service area.

Generally, data are for 2005-2009. If measure not asked in each of the five years 2005 to 2009, data are for the years the measure was assessed during that time. The right-most column, "Years Used", indicates the specific years the item was collected.

Values of "NA" means data not available due to small sample size (e.g. fewer than five respondents in the numerator and/or less than 50 in the denominator).

Items highlighted in blue are significantly different from the value for Vermont.

All values are age adjusted to the year 2000 standard population, unless otherwise noted.

	Goal	Vermont *	Barre	Burlington	Morrisville	Randolph	Newport	St. Johnsbury	St. Albans	Middlebury	Rutland	Bennington	Springfield	White River	Brattleboro	Years Used
Access to Quality Health Services																
Health Insurance Coverage	100%	84	87	92	84	81	81	82	88	82	86	85	85	84	85	2005-2009
Specific Source of Ongoing Primary Care	96%	82	88	88	86	85	82	84	87	90	88	89	87	83	86	2005-2009
Arthritis, Osteoporosis, and Chronic Back Conditions																
Limitation in Activities Due to Arthritis**	21%	45	29	33	49	24	48	38	49	37	38	43	35	29	33	2005, 2007, 2009
Cancer																
Pap Smear, Within Past 3 Years	90%	86	79	87	80	84	79	82	84	80	82	82	83	88	81	2005, 2006, 2008
Fecal Occult Blood Test	50%	21	52	54	52	50	56	45	48	46	49	53	38	41	54	2006-2008
Ever Had Sigmoidoscopy or Colonoscopy	50%	70	65	72	60	75	61	68	75	70	65	59	64	75	66	2006-2008
Mammogram, Within Past Two Years	70%	80	78	81	78	80	65	80	68	77	80	76	78	83	74	2005, 2006, 2008
Persons with Diabetes																
Prevalence of Diabetes	3%	5	7	5	6	5	6	8	7	5	6	7	6	4	6	2005-2009
Diabetes Education	60%	52	56	40	47	80	58	52	48	71	61	71	45	62	50	2005-2009
Diabetes A1C Test Twice a Year	80%	79	66	74	51	30	85	79	64	82	83	82	83	79	63	2005-2009
Diabetes & Annual Eye Exams	75%	63	68	63	63	37	68	56	54	64	71	76	68	83	72	2005-2009
Diabetes & Annual Foot Exams	80%	74	82	73	59	88	93	66	58	92	87	86	74	88	79	2005-2009
Diabetes & Daily Glucose Test	Set	63	68	65	54	27	63	66	79	46	59	73	67	76	60	2005-2009

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Disability and Secondary Conditions																
Disabled & Sufficient Emotional Support	79%	63	69	77	65	71	61	65	75	78	67	68	64	69	70	2005-2009
Heart Disease and Stroke																
Cholesterol Screening	80%	75	77	76	72	70	72	71	77	71	75	76	76	72	73	2005, 2007, 2009
Immunizations and Infections Diseases																
Influenza Immunization in Last 12 Months	90%	72	74	74	67	71	68	68	68	77	69	78	70	76	72	2005-2009
Ever had Pneumonia Vaccine	90%	72	72	71	69	66	70	65	64	69	70	78	65	66	67	2005-2009
Injury and Violence Prevention																
Always Use Safety Belts While Driving	92%	82	83	83	75	85	66	77	85	76	77	83	80	81	80	2006-2008
Maternal, Infant, & Child Health																
Folic Acid***#	80%	40	44	46	43	37	34	40	48	32	27	41	30	46	37	2009
Nutrition and Overweight																
Obesity	15%	24	22	19	20	22	28	25	28	22	23	23	25	22	22	2005-2009
Nutrition - 2 or more Fruits per Day	75%	39	37	41	39	39	35	33	35	44	37	38	37	43	40	2005, 2007, 2009
3 or More Vegetables per Day	50%	30	31	33	32	35	29	27	26	35	30	30	30	34	35	2005, 2007, 2009
5 A Day Fruits and Vegetables#	No Goal Set	29	29	32	32	30	29	27	23	32	28	30	29	33	33	2005, 2007, 2009
Oral Health																
No Permanent Teeth Extracted	42%	57	58	52	52	66	50	55	59	51	53	52	54	57	55	2006, 2008
Extraction of All Natural Teeth	20%	20	18	15	27	13	26	32	11	24	29	29	14	23	20	2006, 2008
Physical Activity and Fitness																
No Leisure Time Physical Activity	20%	20	17	15	20	20	23	21	24	18	21	20	21	17	17	2005-2009
Regular, Moderate Physical Activity	50%	59	60	58	56	56	56	58	52	59	56	59	57	62	60	2005, 2007, 2009
Regular, Vigorous Physical Activity	30%	35	38	36	35	34	33	31	30	36	32	33	31	38	35	2005, 2007, 2009

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Substance Abuse																
Binge Drinking, During the Past Month	6%	18	19	18	18	17	18	18	19	15	18	15	22	17	16	2005-2009
Tobacco Use																
Cigarette Smoking	12%	18	19	13	20	19	23	22	21	15	21	21	22	17	18	2005-2009
Smoking Cessation Attempts	75%	53	56	49	50	54	48	41	47	54	52	50	50	47	50	2005-2009

*Vermont data are for 2009 except for values related cancer and injury and violence prevention

**Data are different than in years past. The population asked the question in 2009 was different than in years past.

***Data are different than in years past. The algorithm used to calculate the proportion of 18-44 women who take Folic acid regularly was adjusted.

#Crude rate; not age adjusted